



PRODUCT INFORMATION

Product Name:	Plant Based Garlic Kiev
Product Description:	Formed plant based protein, coated in breadcrumb, par fried and IQF snap frozen.
Product Weight:	6 kg bulk 40 kiev per case
Item Code:	105641
Mastercase UPC:	10670834007543

QUALITY INFORMATION

Batch Coding:	Best before date / Batch number
Storage:	Keep frozen. Store at or below -0.4°F (-18°C)
Shelf Life Frozen:	18 months
Shelf Life Thawed:	7 days if stored below 40°F (4°C)

OUR INGREDIENTS

Water, Whole wheat flour, Soy protein, Maltodextrin, Coconut oil, Vegetable oils (canola, olive, rice bran), Wheat semolina, Methylcellulose, Cellulose gum, Salt, Yeast extracts, Garlic powder, Dehydrated vegetables (onion, garlic, celery), Sugar, Potato starch, Wheat gluten, Yeast, Preservative (potassium sorbate), Spices (pepper, turmeric), Guar gum, Natural flavours, Dried parsley, Carrageenan, Xanthan gum, Colours (tumeric, carotene), Emulsifiers (mono- and di-glycerides of fatty acids, soy lecithin), Vitamins A & D, Disodium 5'-ribonucleotides, Acidity regulator (citric acid), Hydrolysed vegetable protein (wheat).

Contains: Wheat. Soy.

Nutrition Facts Valeur nutritive

Per 1 piece (150 g)
Pour 1 morceau (150 g)

		% Daily Value* % valeur quotidienne*
Calories	320	
Fat / Lipides	18 g	28%
Saturated / saturés	10 g	50%
+Trans / trans	0 g	
Carbohydrate / Glucides	28 g	
Fibre / Fibres	8 g	32%
Sugar / Sucres	5 g	5%
Protein / Protéines	15 g	
Cholesterol / Cholestérol	0 mg	
Sodium / Sodium	860 mg	36%
Potassium	570 mg	12%
Calcium	80 mg	7%
Iron / Fer	2.25 mg	13%

* 5% or less is a little, 15% or more is a lot
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

Sensory Attribute	Description of Requirement
Colour:	Golden breadcrumb coating, uniform off white plant-based centre. Centre filling creamy yellow coloured.
Appearance:	Typical of a kiev appearance, evenly coated in a golden crumb. Centre filling is buttery in appearance with some green herb speckles.
Aroma:	Typical fried savoury aroma. The product shall be free from rancidity, and foreign odours of any kind.
Flavour:	Typical fried savoury flavour. The filling shall have a distinct creamy, garlic flavour typical of a kiev. The product shall be free from rancidity, bitterness and foreign flavours of any kind.
Texture:	The coating shall have a crisp texture and not be too oily. Tender meat-free centre, slightly firm, fibrous and succulent. The garlic filling shall ooze out and be liquidy.

COOKING INSTRUCTIONS

- Inner temperature should be (74°C | 165°F)
- Cook from frozen

Oven:

1. Line an oven tray with parchment paper and place in the oven.
2. Preheat oven to 200°C / 400°F.
3. Remove kiev from packaging and place onto preheated lined baking tray.
4. Place tray in oven and cook for 25-30 minutes, turn halfway through and cook until kiev are golden brown.
5. Remove from oven and serve.

Air-Fry:

1. Pre-heat air fryer to 200°C / 400°F.
2. Remove kiev from packaging and place in the air fryer basket. Spread out into a single layer. No oil is required.
3. Cook for 20 minutes or until golden brown.
4. Remove from air fryer and serve.

Please Note: This is a guide only as appliance temperatures can vary. You may need to adjust cooking times accordingly. Product must be fully cooked prior to consumption.



FAMILY FAVOURITE

This family favourite is making a comeback, oozing with a vegan buttery garlic filling, perfect for a midweek meal.

Big On Taste

A plant based diet should be delicious as well as healthy. That's why each of our meals has been carefully developed to maximise texture, crunch, sizzle and juiciness. Plant protein that looks and tastes exactly like what you're used to. There's no sacrifice when it comes to flavour - it will be love at first bite for the whole family.